



School of Health and Exercise Sciences - Course Outline

HES 402 (3 Credits)
Advanced Community Placement Experience
Sept - Dec 2024

Instructor: Rebecca Frechette, M Kin., BSc., CSEP CEP

Office hours: By appointment (in person or [Zoom](#))

Class: Periodic Check-ins (3-4)

Academic Calendar Entry

HES 402 (3) Advanced Community Placement Experience

Advanced 'hands-on' practical work experience in a supervised health-related work setting with a partnered organization.

Credits: 3

Pre-reqs: HES 401 (and permission of both the Practicum Coordinator and the Undergraduate Chair.)

Course Format

- Course material available via Canvas
- Practicum schedules vary by student
- A minimum of 50 practical hours will be achieved by the end of the course

Course Overview and Objectives

This course will:

1. Provide students the opportunity to work with professionals and others in a health-related setting;
2. Allow students the chance to develop many practical and professional skills that align with and lead to best practices in a health-related field;
3. Afford students opportunities to apply their knowledge acquired from previous academic courses in practical settings/environments;
4. Develop the student's professional communication skills, knowledge translation and confidence through applied learning experiences with a health-related organization.

Learning Outcomes (LO)

After completing this course, students should be able to:

1. Demonstrate an understanding the profession/services in which they were involved during practicum (Objective #1 above – assessed through final presentation)



2. Describe new field-related skills either observed or developed during their practicum experience (Objective #2 above – assessed through reflections logbook and presentation)
3. Share their reflections on their personal and professional growth achieved from their practicum experience (Objective #2 above - assessed via reflections logbook and self-evaluation)
4. Be better prepared for professional practice in a health-related field (Objective #3 above – assessed through practicum supervisor evaluation and TED Talk)
5. Explain how they were involved in their practicum by asking questions, researching, thinking critically and solving problems (Objective #3 and #4 – assessed via reflections logbook, presentation, self-evaluation, practicum supervisor evaluation and assignment).

Additional Course Requirements

Pre-practicum requirements include completion of the following:

- A current Criminal Record Check clearing student to work with all populations including children and vulnerable adults
- UBC Student Accident Insurance
- Current CPR-C certification

Evaluation Criteria and Grading

*Each of the components below are evaluated and must receive a **pass** grade in order to pass the course.

Item	Due Date
Check-ins	Ongoing
2 Learning Tasks	Sept 27 and Oct 25
Practicum Confirmation & Student Learning Plan	Wed. Sept 25
Practicum Final Roundtable & TED Talks	Nov. 18 (TBD)
Hours Record (a minimum of 50 hours completed and verified by Practicum Supervisor(s))	Dec 6
Personal Reflections Logbook – submitted each Friday	Dec 6 - FINAL
Self-Evaluation	Dec 6
Practicum Supervisor Evaluation	Dec 13

Note: Course graded on a pass/fail basis.



Recommended Readings

All materials are on Canvas.

Course Policies

Academic Integrity

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. **For example, incidences of plagiarism or cheating usually result in a failing grade or mark of zero on the assignment or in the course.** Careful records are kept to monitor and prevent recidivism.

A more detailed description of academic integrity, including the University's policies and procedures, may be found in the Academic Calendar at:

<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,54,111,0>

Final Examinations

There is NO final exam for this course.

Further information on Academic Concession can be found under Policies and Regulation in the Okanagan Academic Calendar <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>

Grading Practices

This course is graded non-numerically (Pass/Fail). Grades are not official until they appear on a student's academic record.

<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>

General Statements

Below is an overview of the policies we have in place for courses offered within the School of Health and Exercise Sciences. Please refer to the UBC academic calendar for full details on all of UBC's academic policies. You are responsible for being familiar with all policies as they apply to you and your situation. We also expect that as a future health professional you will uphold the highest standards of ethics and academic integrity and will not violate the UBC Academic Honesty and Standards Policy. At the same time, we want to support you as best as possible to



succeed. There are many resources at UBC Okanagan so never hesitate to reach out.

Learning Environment Expectations

UBC and the School of Health and Exercise Sciences is committed to equity, human rights and respect for diversity. All members of the learning environment should strive to create an atmosphere of mutual respect and inclusion where all members of our community can express themselves, engage with each other, and respect one another's differences. We do not condone discrimination or harassment against any persons or communities. If students encounter any problems, these should be discussed with your instructors and/or teaching assistants. If problems persist or your concerns involve the instructor or TA, please reach out to the Director of the School (Jonathan.little@ubc.ca) or the campus Ombudsperson (ombuds.office.ok@ubc.ca).

Academic Concessions

In the School of Health and Exercise Sciences we care about your wellbeing and are committed to supporting you in reaching your academic goals. We understand that life can present unanticipated events or challenges (e.g., physical and/or mental health concerns, death of a family or close friend, sexual assault/misconduct, representing university at an event or provision of care to a family member). In such cases you may be eligible for an academic concession.

Requests for academic concession generally require documentation and you need to inform your instructor of any situation that may impact your academics as soon as they arise.

However, there are a number of circumstances for which a self-declaration may be sufficient (e.g., when students experience an acute event that is expected to resolve within a week). In these cases, the School of Health and Exercise Sciences (HES) Self-Declaration Form can be completed in lieu of a medical note, certificate or official documentation for the following circumstances:

Unforeseen Events: An acute illness that is likely to resolve without seeing a health professional or a traumatic event experienced by the student, a family member, or a close friend (e.g., sexual assault/misconduct, serious medical emergency, death).

Conflicting Responsibilities: Life events that are scheduled beyond the student's control and normally arise after the student has registered in courses (e.g., representing university at an event, court appearance, military duty, provision of care to a family member).

Note: You may only submit a self-declaration request once per term and accommodations will not be considered for job interviews, volunteer commitments, travel/vacation plans, or work schedules. Students are expected to plan their personal affairs around their academic responsibilities. In some circumstances, you may still be required to submit supporting documentation along with, or following, your self-declaration. Please see the HES Self-Declaration Form for further information and conditions on the use of the Self-Declaration.



Etiquette and Communication

- Email communication should be professional and courteous with subject, your name, student number and course indicated. Doing so helps faculty members better respond to your concerns as many of our faculty teach multiple courses or hold multiple responsibilities with the school and across the campus. If this is not followed faculty members may not respond.
- Technology (computers and phones) should ONLY be used for course purposes during class/lab time. Students misusing devices and causing to distractions will be asked to leave the room.
- All written communication, including exams, must be legible; if not, the instructor/teaching assistant is not obligated to read/mark it.
- If there are any concerns related to the course content or delivery, please communicate these concerns to the instructor in a professional manner. If concerns remain unresolved you can bring your concerns forward by emailing hes.undergrad@ubc.ca.
- The course outline for any given course is NOT comprehensive. Small changes in content, dates of assessments may occur for unforeseen circumstances. In addition, instructors typically post the details regarding assignment expectations via Canvas. It is your responsibility to read all communications and documents posted via Canvas to remain aware of any changes throughout the course.

Assignments & Exams

- Assignments are due at the specified due date and time indicated on the course outline or Canvas. Individual course instructors will outline processes and penalties for late assignments within their individual courses. Please note that this may be different for each of your courses. It is expected that you will budget your time accordingly to avoid work overload and manage personal issues to meet academic performance requirements. Be aware of when your work is due, as it is common to have several exams and assignments due on the same day or within the same week.
- Ensure your name and student number is written on all assignments and exams.
- It is your responsibility to uphold the highest standards of academic integrity. Unless otherwise authorized by your instructor you are not permitted to use course notes, texts, dictionaries, electronic devices or your peers. If there is a lack of clarity in any of your courses ensure you speak with your instructor for details.

Student Services Resources:

UBC Okanagan Disability Resource Centre



The DRC facilitates disability-related accommodations and programming initiatives to remove barriers for students with disabilities and ongoing medical conditions. If you require academic accommodations to achieve the objectives of a course please contact the DRC at:

UNC 215 250.807.8053
email: drc.questions@ubc.ca
Web: www.students.ok.ubc.ca/drc

UBC Okanagan Equity and Inclusion Office

Through leadership, vision, and collaborative action, the Equity & Inclusion Office (EIO) develops action strategies in support of efforts to embed equity and inclusion in the daily operations across the campus. The EIO provides education and training from cultivating respectful, inclusive spaces and communities to understanding unconscious/implicit bias and its operation within in campus environments. UBC Policy 3 prohibits discrimination and harassment on the basis of BC's Human Rights Code. If you require assistance related to an issue of equity, educational programs, discrimination or harassment please contact the EIO.

UNC 325H 250.807.9291
email: equity.ubco@ubc.ca
Web: www.equity.ok.ubc.ca

Student Wellness

At UBC Okanagan health services to students are provided by Student Wellness. Nurses, physicians and counsellors provide health care and counselling related to physical health, emotional/mental health and sexual/reproductive health concerns. As well, health promotion, education and research activities are provided to the campus community. If you require assistance with your health, please contact Student Wellness for more information or to book an appointment.

UNC 337 250.807.9270
email: healthwellness.okanagan@ubc.ca
Web: www.students.ok.ubc.ca/health-wellness

Office of the Ombudperson

The Office of the Ombudperson for Students is an independent, confidential and impartial resource to ensure students are treated fairly. The Ombuds Office helps students navigate campus-related fairness concerns. They work with UBC community members individually and at the systemic level to ensure students are treated fairly and can learn, work and live in a fair, equitable and respectful environment. Ombuds helps students gain clarity on UBC policies and procedures, explore options, identify next steps, recommend resources, plan strategies and receive objective feedback to promote constructive problem solving. If you require assistance, please feel free to reach out for more information or to arrange an appointment.



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

UNC 328 250.807.9818
email: ombuds.office.ok@ubc.ca
Web: www.ombudsoffice.ubc.ca

Student Learning Hub

The Student Learning Hub is your go-to resource for free math, science, writing, and language learning support. The Hub welcomes undergraduate students from all disciplines and year levels to access a range of supports that include **tutoring in math, sciences, languages, and writing, as well as help with study skills and learning strategies**. Students are encouraged to visit often and early to build the skills, strategies and behaviors that are essential to being a confident and independent learner. For more information, please visit the Hub's website.

LIB 237 250.807.8491
email: learning.hub@ubc.ca
Web: www.students.ok.ubc.ca/slh

The Global Engagement Office

The Global Engagement Office provides advising and resources to assist International students in navigating immigration, health insurance, and settlement matters, as well as opportunities for intercultural learning, and resources for Go Global experiences available to all UBC Okanagan students, and more.

Come and see us – we are here to help! You may also contact geo.ubco@ubc.ca

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Safewalk

*Don't want to walk alone at night? Not too sure how to get somewhere on campus? Call Safewalk at **250-807-8076**.*

For more information, see: www.security.ok.ubc.ca