



We respectfully acknowledge the Syilx Okanagan Nation and their peoples, in whose traditional, ancestral, unceded territory UBC Okanagan is situated.

HES 401 – Community Placement Experience

Faculty: Faculty of Health and Social Development

Department: Health and Exercise Sciences

Instructor(s): Rebecca Frechette

Instructor(s) Email: rebecca.frechette@ubc.ca

Duration: Term 2 – Jan 2025

Delivery Modality: In-Person/online hybrid

Course Location: Practicum Organization

Course Days: vary

Office hours: Wednesdays 11:30-12:30

Course Description

HES 401 (3) Community Placement Experience

Practical work experience in a supervised health/human kinetics related work setting with a cooperating agency, private business, or industry.

No more than 9 credits in total will be granted for any combination of HES 401, HES 402, HES 490. Pass/Fail.

Course Structure

- Course delivery will include 4 check-in classes over the term
- Practicum shift times vary by student placement (2-3 shifts/week is recommended)

Course Overview, Content and Objectives

This course will:

1. Provide students an opportunity to work with and learn from professionals in a health-related setting;
2. Present students with many opportunities to develop skills and techniques that lead to best practices employed by various professionals in a health-related field;
3. Provide practical situations where students will apply their knowledge acquired from previous academic courses in a supervised setting;
4. Develop the student's professional communication skills and confidence while working with a health-related organization.

Learning Outcomes or Objectives

Upon successful completion of this course, students will be able to...

1. Apply their academic knowledge in practical situations with professional organizations;
2. Organize thoughts, compare ideas, and make decisions based on the services or types of programs offered in their practice setting (eg. program, service, treatments etc.);
3. Share their reflections on their personal and professional growth achieved from their practicum experiences;
4. Be better prepared for employment to entry-level employee positions or entrepreneurial work in a health-related field; and
5. Explain the importance of the practicum work in which they were involved, in terms of the positive impact on the health of those involved (eg. students, clients/patients, participants or general public).

Methods of Assessment

Description of Assessment	Learning outcome(s) being assessed
Professional Code of Ethics and Safety Checklist	LO#4
Practicum Confirmation and Student Learning Plan	LO#2
Class Check-ins (4 – mandatory)	LO#3, LO#5
Learning Task #1- Resume Builder	LO #4
Learning Task #2 – Personality Tests & Careers	LO #1, LO #4
Learning Task #3 – Emotional Intelligence	LO #1, LO #4
Hours Record - Minimum of 40 hours verified by Practicum Supervisor	LO #1, LO #2, LO #4, LO #5
Personal Reflections Logbook	LO #2, LO #3
Presentation on Practicum Experience	LO#3
Self-Evaluation	LO#4, LO#1
Supervisor/Preceptor Evaluation	N/A

Course Schedule

Varies by student based on practicum placement.

Learning Materials

All required readings for this course will be available via Canvas in the Modules.

UBC Values

UBC creates an exceptional learning environment that fosters global citizenship, advances a civil and sustainable society, and supports outstanding research to serve the people of British

Columbia, Canada, and the world. UBC's core values are excellence, integrity, respect, academic freedom, and accountability.

Policies and Regulations

Visit [UBC Okanagan's Academic Calendar](#) for a list of campus-wide regulations and policies, as well as [term dates and deadlines](#).

Academic Integrity

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating usually result in a failing grade or mark of zero on the assignment or in the course. Careful records are kept to monitor and prevent recidivism.

A more detailed description of academic integrity, including the University's policies and procedures, may be found in the [Academic Calendar](#).

Academic Misconduct

The academic enterprise is founded on honesty, civility, and integrity. Violations of academic integrity (i.e., [academic misconduct](#)) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred for consideration for academic discipline. Careful records are kept to monitor and prevent recurrences. Any instance of cheating or taking credit for someone else's work, whether intentionally or unintentionally, can and often will result in at minimum a grade of zero for the assignment, and these cases will be reported to the Head of the Department and Associate Dean Academic of the Faculty.

Student Service Resources:

Walk-In Well-Being Clinic

The Walk-In Well-Being clinic offers no-fee, brief, single-session psychological services. Sessions are led by a doctoral student in clinical psychology and supervised by a registered psychologist (UBCO Faculty member). Clinicians can provide support with stress management, sleep, self-care, depression, anxiety, interpersonal issues, substance misuse, coping with academic demands/stressors, and provide options for connecting to additional resources. Virtual or in-person sessions are available at the UBCO Psychology Clinic, located in ASC 167 with or without an appointment, on Tuesdays and Thursdays between 10 am and 3 pm from September to June, excluding campus closures.

UNC 337 250.807.8421 (ext. 1)

Email: ipc.ok@ubc.ca

Web: <https://psych.ok.ubc.ca/psychology-clinic/walk-in-wellness/>

Student Supports, Resources & Campus Services

Visit the [Student Support and Resources page](#) to find one-on-one help or explore resources to support your experience at UBC Okanagan, as well as many other campus services available to all students.

Advising Options

Visit the [Advising Options page](#) to find out about the variety of advising options available to students including but not limited to academic, career and accessibility.

Safewalk

Don't want to walk alone at night? Not too sure how to get somewhere on campus? Call Safewalk at **250-807-8076**.

Web: www.security.ok.ubc.ca